


The Rajakumar Movement Asia Pacific region



In line with our objectives to exchange ideas, perspectives and best practice in Family Medicine, the Rajakumar Movement has launched three programs: Entrepreneurship skills for young doctors; Journal and Research; and Case Discussion and Management.

Weekly on-line sessions on various concepts in entrepreneurship were conducted by Mayur Vibhuti, Erfen Suwangto, and Siti Shuhaizam. There were 11 participants who were asked to formulate and modify business plans based on the entrepreneurship on-line sessions. For the journal and research program, the young doctors discussed possible collaboration for research that is essential to the practice of Family Medicine in Asia Pacific region. For the case discussion and management program, Loretta Chan spearheaded the three case discussions that were interesting and challenging. Relevant cases were likewise discussed on the effects of climate change, disaster medicine and COVID-19 response in line with cultural differences and various health systems.



 **Erfen Gustiawan Suwangto** ***
Admin · Yesterday at 10:40 PM · 🌐

First session of emotional well-being session for young doctors. If you want to join in, please contact erfen_gs@yahoo.co.id. We will meet each Sunday night at 8 p.m Jakarta time.



As with the other young doctors in the world, most of the Rajakumar Movement young doctors are also front liners in COVID-19 pandemic. Frequent catching-up, sharing of experiences, and providing emotional support to one another are being conducted via social media. To provide further emotional support, an on-line session on emotional well-being and stress management was launched on April 19, 2020 by Erfen Suwangto, with at least 13 young doctors participating in the first on-line session.

Although the WONCA Asia Pacific Regional Conference in Auckland has been postponed due to COVID-19, the Rajakumar Movement is still hopeful for young doctors to meet on November 5 – 7, 2020 in Auckland; as the TRM, together with TRM New Zealand representative, Katelyn Costello, has prepared pre-conference sessions on indigenous health, young family doctors as emerging leaders in global health, and a wellness workshop for young doctors.

The Rajakumar Movement wish to express sincerest gratitude to all he doctors, especially young doctors in Asia Pacific region, and health care workers who are tirelessly working during these tough times. The Rajakumar Movement likewise would like to remind everyone to stay healthy and keep safe.

Erfen G. Suwangto, Chair TRM
Mel Anthony E Acuavera, Secretary TRM